

FAP Workshop Session Bridging Questions*

Name (optional): _____

Date: _____

On a 10 point scale, how would you rate the following items:

<u>Not at all</u>	<u>A little bit</u>	<u>Moderate</u>	<u>Substantial</u>	<u>Very Substantial</u>					
1	2	3	4	5	6	7	8	9	10

1. Helpfulness/effectiveness of today's session: _____
2. How connected did you feel with the trainers? _____
3. How connected did you feel with your small group members? _____
4. How engaged were you with the topics being discussed? _____
5. How present were you during the exercises? _____
6. How free did you feel to talk with the trainers? _____
7. How free did you feel to talk with small group members? _____
8. How well did trainers respond to questions? _____
9. How much are you looking forward to tomorrow? _____

10. What was helpful?

11. What would have today more helpful or a better experience?

12. What's hard for you to say or ask for?

13. What CRB2s or risks did you engage in?

14. What questions or issues do you want us to address?

15. Anything else you'd like to add?

*Adapted from from Tsai, M. et. al (2009) *A Guide to Functional Analytic Psychotherapy: Awareness, Courage, Love and Behaviorism*. New York: Springer.